

RYUSHIN TERMINOLOGY



TERM	DEFINITION / DESCRIPTION
REISHIKI	Formal etiquette bowing before and after class
KAMAE	Posture
IAIGOSHI	Standing beginning stance for kata and ready position
NOTO	Technique of re-sheathing the sword.
CHIBURUI	The process of symbolically removing blood from sword blade
OOJIBURUI	Entire motion of "shaking off the blood" that starts with inhale and in/yo circle around head.
KOJIBURI	Shaking off the blood method found in Torabashiri.
SPIN TSUKA CHIBURUI	360 degree spin found at the end of Rentatsu.
IN	Movement for cut where you compress your chest and roll your back.
YO	Movement for cut where you contract your shoulder blades together and expand your chest.
CHUYO	This is shizentai (natural posture) for sword work (the position between in and yo).
TENKU NO TACHI GYO	Sword draw and cut where the oojiburui includes a step back.
TENKU NO TACHI SHIN	Sword draw and cut where the oojiburui has no step, just hip motion.
TENKU NO TACHI SOU	Sword draw and cut, slow cut with oojiburui...done 4 sets of 5 with different focus.
JOGE SUBURI GEDAN	Basic cutting where the motion is slow and the cut is large, finishing in gedan.
JOGE SUBURI CHUDAN (1)	Basic cutting where the motion is faster, stops at chudan and the end of the cut is a ki-ai.
JOGE SUBURI CHUDAN (2)	Basic cutting where the motion is faster, stops at chudan and the ki-ai is yaaa-ai.
MAKKOH	Basic cutting where the motion starts in tonbo, is led by the tanden and ends in a ki-ai.