

HAPKIDO TERMINOLOGY



TERM

TRANSLATION / MEANING

CLASS INSTRUCTIONS

COUNTING

Hana (1) Dul (2), Set (3) Net (4) Daseot (5) Yeoseot (6, Ilgop (7) Yeodeol (8) Ahop (9) Yeol (10)

CHARYUT...KYOON YET

Attention...Bow

SABUMNIM...KYOON YET

Face Teacher...Bow

KASA HAMNIDA

Thank you very much (after)

CHARYUT

Attention

JOON BAE

Ready position

SIJAK

Begin

KALYEO

Stop

SHYOH

Relax / Breath

KI-HAP

Yell

DIRODIRA

About face

PAHROH

Return to ready position

STANCES

PAL CHAGI

Kicking / fighting stance

AB KOUBE

Long stance

DWIT KOUBE

Back stance

POM SAGI

Cat stance

JOO CHOOM SAGI

Horse stance

STRIKING

TERM**TRANSLATION / MEANING**

TERM	TRANSLATION / MEANING
AP CHAGI	Front kick
YEOP CHAGI	Side kick
DOLLYO CHAGI	Roundhouse kick
BAL-DEUNG CHAGI	Low (instep) kick
MORUP CHAGI	Knee kick
MON DO DWIT CHAGI	Turnback side kick
MON DO DWI-KUMCHI CHAGI	Turnback heel kick
NAKKA CHAGI	Hook kick
NAE-RYEO CHAGI	Ax kick
MOMTON JIRUGI	Middle punch
MOK CHIGI	Neck strike
BLOCKING	
ARE MAKKI	Lower block
AN MAKKI	Inside block
BAKKAT MAKKI	Outside block
OLGUL MAKKI	Upper block
SONNEL MAKKI	Knife hand Block